

Vasan Eye Care Hospital - The World's Largest Eye Care Network

Vasan Dental Care - Creating Smiles with Care

Vasan Medical Centre

Vasan Foundation

FOCAL POINT

QUARTERLY NEWS BULLETIN

March, 2014 - Vol.8



VISION IS A JOURNEY, PERFECT EACH STEP TO ENHANCE VISION.

Vasan Eye Care, the world's largest eye care network, will be hosting the VasKon'14 at Taj Coromandel, Chennai on 22nd & 23rd March, 2014. This edition's theme will be 'Vision is a Journey, perfect each step to enhance vision'.

Prominent ophthalmologists from all over India, Japan, UK, Singapore, Russia and USA will be participating in this conference. Some of the well-known ophthalmologists attending the conference are Prof. Kenneth W. Wright, USA; Prof. Kimiya Shimizu, Japan; Prof.

Usha Chakravarty, Ireland; Dr. Ronald Yeoh; Dr. Doric Wong, Singapore; and Dr. Fayzrahmanov Rinat Rustamovich.

Vasan Eye Care will organize quiz for ophthalmologists, surgeon's video corner – presentation of new surgical techniques by young surgeons, practice management etc. The highlight of this meet would be 'Hollywood Vs Bollywood Vs Kollywood' where 3.5 minute videos on difficult and complicated cases would be presented and winners will be crowned 'Kings of the World'.

CONTENTS

1. Vaskon 2014
2. Facebook app for eye donation
3. Spreading care
4. Diabetic awareness rally – Coimbatore
5. Two month baby undergoes cataract surgery at Vasan Eye Care
6. Honouring 'Service to Humanity'
7. India's first rare refractive surgery performed at Vasan Eye Care, Pondicherry.
8. National Tourism Day
9. Road Safety Awareness Rally
10. Optic Disc Melanocytoma- The Evaluation and Management
11. Another Milestone for Vasan

Vasan Eye Care launches first ever Facebook application for eye donation

There is a huge gap in terms of availability of eye donors and the number of people seeking corneal transplants in India. Vasan Eye Care, the world's largest eye care network, has offered a simple but efficient solution for this prolonged problem of cor-

For more about the app, go to page 7



Diabetic awareness rally – Coimbatore

Observing World Diabetes Day on 14th November, 2013, Vasana Eye Care, Coimbatore, organized an awareness rally to educate the public about the dangers of diabetic retinopathy. The rally was flagged off by Prof. Dr. G. James Pitchai, Vice Chancellor of Bharathiar University, Coimbatore in the presence of honorary dignitaries. The rally started from Vasana Eye Care Hospital, RS Puram,

Coimbatore . DB Road – Three post - Gandhi Park - Thadagam Road and had come to an end at Vasana Eye Care Hospital, RS Puram, TV Samy road (west), Coimbatore. Dr. L. Srinivasan, Medical director; Dr. Soman S Nair, Head of Vitreoretinal Dept; Dr. Samuel John, Chief Medical Officer; Dr. N. Sathian, Chief Medical Officer; Mr. JP Thamilselvan, General Manager, Vasana Eye Care, were also present for the occasion.



Two month baby undergoes cataract surgery at Vasana Eye Care

Coimbatore, Feb. 15: A two month old baby underwent cataract surgery at Vasana Eye Care Hospital. The child had white reflex in both eyes and closed both eyes on exposure to bright light.

Sandhya (name changed) was brought to Vasana Eye Care Hospital by her parents who hail from Tirupur. White mature cataract was seen through the dilated pupil with presence of Nystagmus. Nystagmus is a condition where the eyeball moves constantly in a jerky fashion which hampers the vision on fixing. A further examination was conducted under general anesthesia to study the fundus, where the examination was done to see whether the optic nerve and retina are normal or not. But fundus could not be visualized on account of the thickness of the cataract. This was a serious indication. As the cataract blocks the light entering into the eye, the percentage of vision deprivation will increase. The child was put under general anesthesia and Dr. L. Srinivasan, Medical Director, Vasana Eye Care Hospital, Coimbatore removed the cataract from both the eyes of the baby. The child was able to follow the light the next day itself after the surgery. The parents of the baby were also advised to go for vision rehabilitation and the child will be made to look at the light and made to follow it initially during the vision rehab. As the child grows, she would have to do

visual exercises to stimulate the visual cortex in the brain which will improve the vision of the child. The recent survey shows that around 6 million people in the Indian population have been affected by curable blindness. Out of this, 10% has been contributed by pediatric age group. A cataract is an opacification of the lens. Congenital cataracts usually are diagnosed at birth. If a cataract goes undetected in an infant,

permanent visual loss may ensue. Not all cataracts are visually significant. If a lenticular opacity is in the visual axis, it is considered visually significant and may lead to blindness. Congenital cataracts usually are diagnosed in newborns. Intrauterine infections, metabolic disorders and genetically transmitted syndromes are some of the factors that cause cataract.



Honouring 'Service to Humanity'

Vasana has always been in the forefront to unite medical fraternity for sharing knowledge and supporting each other for providing better healthcare services to the patients. Vasana has initiated a process to

felicitate the institutions and the practitioners who have been in service to the field of medicine. Dr. Radhakrishnan, IAS, Secretary to the Government, Department of Health & Fam-

ily Welfare accepted the request of Vasana Eye Care and felicitated the following doctors:

“Life Time Achievement Award”

1. Dr. Gajanan Rao (Chairman – AG Hospital, Tambaram, Chennai),
2. Dr. Govindarajan (Chairman – Dr. Kamakshi Memorial Hospital, Pallikaranai, Chennai)
3. Dr. Vijay Viswanathan (Chairman – M.V. Hospital for Diabetes, Royapuram, Chennai)

“Service to the Humanity Award”

1. Dr. Pitchumani (Sri Ranga Hospital, Chengalpattu)
2. Dr. Ramesh. R (Chairman – Raju Hospital, T. Nagar, Chennai)
3. Dr. Hari Ramesh. R (Shri Chennai Home Health Care, Adyar, Chennai),
4. Dr. Chitra Sundarajan (ANN – Hospital, Valasaravakkam, Chennai)

They were felicitated in a CME Programme organised by Vasan Eye Care Hospitals at Hotel Hablis on 16th Feb, 2014, wherein around 400 doctors were present.



India’s first rare refractive surgery performed at Vasan Eye Care Pondicherry.

Silambarasan, 25, from Tirukovilur was swearing thick glasses since a very young age. Since he was suffering from high Astigmatism with high + power, those glasses were indispensable for his day-to-day life. But he appeared very old with those goggles on and was often ridiculed

by his friends and schoolmates. He has approached many eye hospitals for a solution, hearing only impossible from all. Finally he came to Vasan eye care Hospital, Pondicherry on 31st July, 2013. His condition was analyzed by refractive surgeon Dr. Asim Kumar Kandar, who approached

it in a positive manner and ruled out the possibilities of Lasik or Femto treatments. Replacing the natural lens might have rendered the patient far sighted and incapable of reading.



What to do next?

Dr. Asim picked out an innovative and scientific solution to sort out the problem permanently without the use of glasses. He decided to execute ICL implant in the patient’s eyes. The challenge in treating such a condition is that, no such Toric Hyperopic ICL is available off-the-shelf in India to suit this patient. Dr. Asim discussed with STAAR surgical company for making a customized Toric ICL which takes nearly 45 days. The lenses were implanted on 16th September, 2013 on one eye and the other on 23rd September, 2013.

The patient is doing extremely well with complete range of vision both the distant and near (6/6 and N6).

The strength of his glasses before the surgery were:
 RE: +7.50DS/ +2.00 @ 90° cyl
 LE: +8.00DS/ +1.50 @ 75° cyl

National Tourism Day

Vasan Dental Care, a part of Vasan Healthcare Group, and District Tourism Promotion Council organised the National Tourism Day Walkathon on 25th Janu-

ary, 2014. It was organised as a part of its campaign to promote tourism in the state, keeping with the National Tourism theme for 2014- ‘Athithi Devo Bhava’. It was or-

ganised in three parts of the state: Cochin, Kannur, and Trivandrum. The Walkathon at Cochin was organised by Vasan Dental Care and District Tourism



Promotion Council in association with Clear Path Orthodontics. The event was flagged off by the Asst. Collector, Shri. S. Suhas, IAS and commenced from Durbar Hall Ground at 4:00 pm. The Walkathon organised at Kannur by

Vasan Dental Care and District Tourism Promotion Council in association with Club FM was flagged off by the District Police Chief, Dr. Srinivas A, IPS. The Walkathon commenced from Vasan Dental Care at 3:00 pm.

The Honourable Mayor, Ms K. Chandrika flagged off the Walkathon organised by Vasan Dental Care and KTDC in association with Club FM at Trivandrum. It commenced from Kanakakunnu Palace at 7:30 am.

Road Safety Awareness Rally

Vasan Dental Care in association with PEPSICO, India conducted a Road Safety Awareness Walkathon from Besant nagar Beach to Vasan Dental Care – Adyar in Chennai on 12th January, 2014. People from various walks of life participated in

this event. Students from Skating Association, MGR College of Arts & Science, and Jain College of Arts & Science were a part of the Walkathon. Zulaikha Motors demonstrated the Road Safety rules. The event was flagged off by the Deputy Commis-

sioner of police – Adyar, Mr. Kannan. Dr. Aranganayagam, former Education Minister, and Mr. Vignesh graced the occasion.



Glaucoma Awareness Rally in Anantapur

Anantapur, March 12: Marking the World Glaucoma Awareness Week, we conducted a 5 km rally on 12th March, 2014 educating people on Glaucoma and its symptoms. A free eye check-up was organised as a part of this awareness rally.



Another Milestone for Vasana



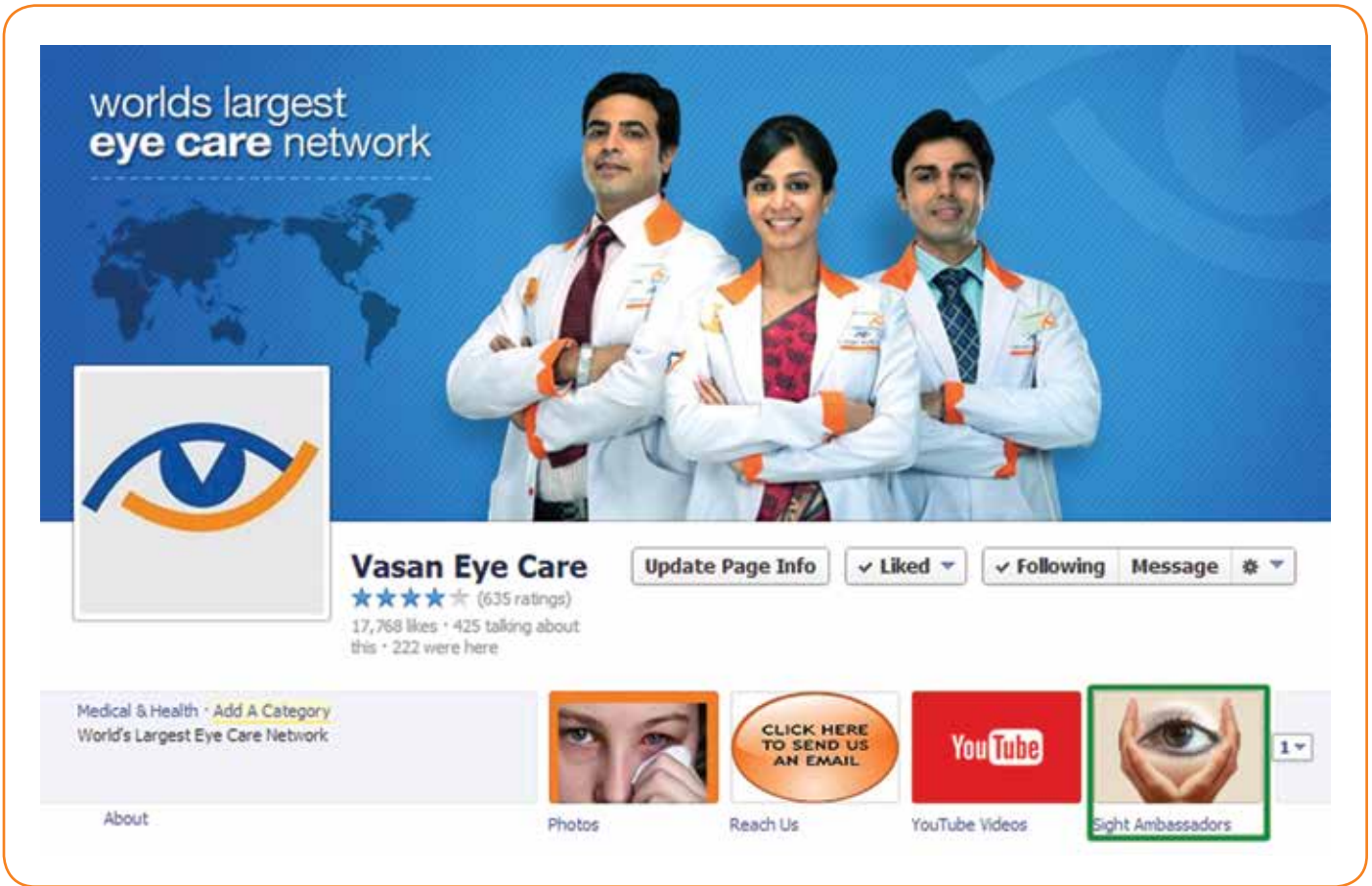
Honourable Finance Minister of India, Shri. P. Chidambaram inaugurating Vasana eye care's 175th super speciality eye hospital at Karaikudi, Tamil Nadu. Shri. Karti P. Chidambaram and Dr. A.M. Arun (Chairman - Vasana Healthcare Pvt. Ltd) besides him.

History repeated itself for Vasana eye care, as it inaugurated its 175th hospital at Karaikudi on 23rd Dec, 2013. The world's largest eye care network has opened the 174th and 175th super specialty eye hospitals at Sivaganga and Karaikudi respectively. Shri. P. Chidambaram, the Hon'ble Finance Minister of India inaugurated the hospitals. Shri.C.V.R. Rajendran, CMD, Andhra Bank was present at the function. Shri. P. Chidambaram also inaugurated Vasana Institute of Optometry and Nursing Institute at Karaikudi. This institute will develop top-notch healthcare professionals to work in eye hospitals anywhere in the world.



How to become a Sight Ambassador?

1 FIND US on Facebook - Vasan Health



2 Like the Page



3 Fill in the Sight Ambassadors Form

4 Become a Sight Ambassador

